

The **healthy elements manufactured by BENITO** enable people to exercise in both public and private spaces, increasing their well-being and quality of life while boosting health and social relations.

- **Health functions:** improving cardiovascular and respiratory functions, strengthening muscles and enhancing agility, flexibility and coordination of movements.
- **Social functions:** creating leisure activities, promoting social integration and a more intensive recreational use of public spaces.



A=4060mm

B=3580mm



12.40m<sup>2</sup>

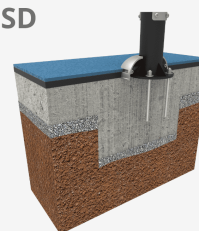


0.72m

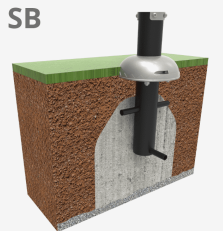


1

SD



SB



## Materials:

**Benefits:** build up leg and chest muscles, improve limb movement and enhance cardiopulmonary capacity.

**Use instructions:** sit on the rider, grasp handles with both hands and push forward.

**Structure, Metal:** S235 galvanised and powder-coated steel tube.  $\varnothing 114\text{mm} \times 3\text{mm}$  thick. Moving parts:  $\varnothing 60\text{mm} / \varnothing 48\text{mm} \times 2\text{mm}$  thick. Connecting tubes:  $\varnothing 38\text{mm} / \varnothing 32\text{mm} \times 2\text{mm}$  thick. Paint: 1 coat of powder paint consisting of a mixture of polyester resins, hardeners and pigments, free of lead and with high resistance to bad weather conditions. Colour combination: matte black and metallic grey RAL 9006.

**Fixings:** AISI 304 stainless steel screws.

**Handles:** thermoplastic rubber.

**Seats / Covers:** 6-10mm thick rotomoulded HDPE.

**Pedals / Plugs:** PP

- None of the materials requires a specific treatment for its disposal.
- If the product is subject to severe use, maintenance should be increased.
- Don't use the product before the installation/maintenance is ready.
- Please check the maintenance instructions.

Biggest part (mm): 1050x522x1138 / Heaviest part (kg): 40

**IMPACT ZONE:** security area and ground coverings according to the EN1176-1:2017 standard.

Spare parts availability: 10 years.

Ground anchoring screws not included.

## Playful features:



## Alternatives:



JSA015N



JSA004N



JSA003N



JSA006N



JSA014N



JSA002N



JSA010N



JSA008N



JSA009N



JSA011N



JSA001N



JSA005N



**BENITO**  
BENITO-Urban-Light-Play-Covers

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BICICLETA | VELO | BICYCLE



CONFORME A LAS EXIGENCIAS DE SEGURIDAD EN16630

Beneficios:  
Fortalece la musculatura de piernas y pectoral, permitiendo un completo movimiento de las extremidades, mejora la capacidad cardiopulmonar.

Instrucciones de uso:  
Colóquese sobre el asiento, agarre las asas con ambas manos y empuje los pedales hacia delante.

CONFORME AUX EXIGENCES DE SÉCURITÉ EN16630

Avantages:  
Renforce la musculature des jambes et des pectoraux en permettant un mouvement complet des extrémités, améliore la capacité cardio-pulmonaire.

Instructions d'utilisation:  
Placez-vous sur le siège, tenez les poignées à deux main et poussez sur les pédales vers l'avant.

ACCORDING TO SAFETY REQUIREMENTS EN16630

Benefits:  
Builds up leg and chest muscles, improves limb movement, and enhances cardio pulmonary capacity.

Use instructions:  
Sit on the rider, hold handles with both hands and push forward.

LOW <small>level</small>	MEDIUM <small>level</small>	HIGH <small>level</small>
3 SERIES   3 SERIES   3 SERIES	3 SERIES   3 SERIES   3 SERIES	3 SERIES   3 SERIES   3 SERIES
8 rep.	10 rep.	18 rep.

1 MINUTO DE PAUSA | 1 MINUTE DE PAUSE | 1 MINUTE PAUSE

1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14

Projects:





The constant improvement and evolution of our products may result in some modifications of the technical specifications and characteristics of the products without prior notice.

**BENITO**

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